



CITY OF MOUNTLAKE TERRACE
RECREATION AND PARKS DEPARTMENT

CODE OF CONDUCT & RULES - BASKETBALL

Good sportsmanship is a priority in all Mountlake Terrace Recreation and Parks Department athletic programs. Respect for players, coaches, officials, staff and spectators is necessary for fair play.

I. GENERAL INFORMATION

- A. The code of conduct applies to all participants including players, coaches, managers in sponsored or co-sponsored leagues and tournaments.
- B. The code applies to conduct before, during and after all league and/or tournament games.
- C. Participants will be held liable for any damages caused by willful, destructive conduct.
- D. It is the responsibility of each team manager and/or coach to ensure that ALL players know and adhere to the rules and regulations.
- E. Officials and/or staff may suspend play at any time during a game due to unsportsmanlike conduct.
- F. No refunds will be given to players or teams suspended from further league play.

II. VIOLATIONS AND PENALTIES

- A. **DUNKING** is legal, but hanging on rim is technical foul.

PENALTY: TECHNICAL FOUL, THE OFFENDING PLAYER IS RESPONSIBLE FOR ALL DAMAGES BEFORE REINSTATEMENT.

- B. **STRIKING OR THREATENING AN OFFICIAL** - No players shall bump, shove, strike, touch in a threatening manner or threaten bodily harm to any official (before, during or after the game).

PENALTY: PLAYER IS SUSPENDED FROM FURTHER LEAGUE PLAY FOR REMAINDER OF SEASON OR LONGER DEPENDING UPON THE SEVERITY OF THE INCIDENT.

C. UNSPORTSMANLIKE CONDUCT - Verbal abuse, profanity, arguing, irrational behavior, etc. directed toward officials, recreation staff, players or fans is defined as unsportsmanlike conduct (before, during or after the game).

PENALTIES:

1. IF A PLAYER RECEIVES TWO TECHNICAL FOULS IN ONE GAME FOR UNSPORTSMANLIKE CONDUCT, PLAYER IS EJECTED AND IS SUSPENDED FROM THE NEXT TWO SCHEDULED GAMES. (A PLAYER CAN BE EJECTED IMMEDIATELY FROM GAME WITHOUT TWO TECHNICAL FOULS DEPENDING UPON THE SITUATION).

2. IF A PLAYER RECEIVES FOUR TECHNICAL FOULS FOR UNSPORTSMANLIKE CONDUCT DURING THE SEASON, PLAYER WILL BE SUSPENDED FROM THE NEXT TWO SCHEDULED GAMES.

3. ANY TEAM RECEIVING FOUR TECHNICAL FOULS FOR UNSPORTSMANLIKE CONDUCT IN A GAME FORFEITS THAT GAME.

D. PHYSICAL CONFRONTATIONS - Fighting, shoving, etc. between opposing players or teammates.

PENALTY: PLAYER IS IMMEDIATELY EJECTED FROM GAME AND POSSIBLY SUSPENDED FOR REMAINDER OF SEASON OR MORE DEPENDING UPON THE SEVERITY OF THE INCIDENT.

E. ALCOHOL/DRUGS - No participant shall be in possession of, or consume and alcoholic beverage or illegal substance, or appear intoxicated in a city or school facility.

PENALTY: PLAYER IS IMMEDIATELY EJECTED FROM GAME AND SUSPENDED FOR THE NEXT TWO SCHEDULED GAMES. (POLICE MAY BE CALLED IF NECESSARY).

F. REPEATED CODE VIOLATIONS - Individual players and teams that have repeated code of conduct violations will be suspended from further Mountlake Terrace league play.

III. ENFORCEMENT

A. The Athletic Supervisor has the authority to impose the penalties listed in the code of conduct.

B. Penalized participants may formally appeal the decision with

a written appeal made within 5 days of the incident.

C. Suspended games include playoffs and following seasons.

ROSTERS:

1. **Rosters must be submitted to the league director or scorekeeper before your first league game. You will not be allowed to play until this is done. Rosters will be kept at the game site for reference.**
2. No players can be added to the roster after the third league game of the season. 24-hour notice must be given to the league director in order for that player to become eligible. No hardship cases.
3. All players must be 18 years or older and out of high school.
4. Players must have played in at least three (3) league games during the regular season to be eligible for the playoffs. All players on the roster will be considered "have played" if a team wins by forfeit.
5. Uniforms - player(s) without a numbered jersey will be assessed one technical foul when they initially enter the game. Players cannot have the same number. (Technical fouls received will not be recorded as unsportsmanlike). No taped on numbers. Jerseys must be of an exact same color. Example: either all dark blue or all light blue, not two different shades of blue. **This rule will begin on the fourth game of the season.**

LEAGUE RULES:

1. All rules not specifically listed herein will be governed by high school federation rules.
2. A team may begin with four players; however, if team drops to two players, game is over.
3. A five-minute grace period will be allowed for the first game of the evening only. If a team has four players they may use the grace period or until the fifth player shows up, whichever comes first.
4. A game will consist of two 22 minute halves with a continuous clock except for the last minute (1) of the

first half and the last two (2) minutes of the final half. (Exception: the clock will not stop if a team is ahead by 20 or more points at the 2:00 minute warning).

5. Four time-outs will be allowed per game. Time-outs can carry over into overtime periods.
6. A two-minute overtime will be played in the event of a tie, with the clock stopping on every whistle. If the game is still tied at the end of that period, a one-minute overtime will be in effect thereafter. Each team will receive one time-out during the overtime period. (Playoffs, same as league play.)
7. Substitutions may be made only when the ball is dead and when recognized by the scorekeeper. Substitutes must report to scorekeeper prior to entering the game.
8. The clock will not stop except when requested by an official, time-outs or the final minute of first half and during the final two minutes of the game. The clock will stop for technical fouls, flagrant fouls and intentional fouls.
9. No team will be allowed into playoffs if they forfeit two games without calling the Athletic office at least 24 hours in advance of the forfeited game, or if they are found using illegal players.
10. Foul shots are allowed only 1) when a player is in the act of shooting; 2) intentional fouls; 3) flagrant fouls or 4) on the 7th team foul, player shoots 1:1. (Intentional fouls will result in 2 free throws and the ball awarded to the offended team) The 10th team foul player shoots a 2 shot foul.
11. All technical fouls will be an automatic two points and ball out of bounds.
12. Technical fouls will also be recorded as a personal foul - this does not include shirt technicals.
13. Flagrant fouls (fouls that are committed with intent to cause injury) will be handled according to current high school rules.
14. Playoff tie breakers will be determined by the following order:
 - a. Win/Loss Record

- b. Head to Head record of tying teams
- c. Points scored against points given up over the entire season. (Forfeits will count for +10 points for team that was forfeited to.)

GENERAL INFORMATION:

- 1. Persons participating in activities sponsored by the Mountlake Terrace Recreation and Parks Department are not covered in any way for personal liability and property damage. Players are competing at their own risk.
- 2. Do not park in fire lanes. (You will be towed!)
- 3. Teams provide game ball.
- 4. Playing days may vary. Team members should make themselves available Sunday through Friday, especially for playoffs.
- 5. All gyms have a school non-smoking, no alcohol, gun-free policy. Please abide by these rules.
- 6. If no officials arrive, the game will either be rescheduled or officiated by staff. If one official arrives, the game will be played.
- 7. The league director has the authority to administer any decisions necessary for the well being of the league.

Recreation Pavilion - 776-9173

The City of Mountlake Terrace Recreation & Parks Department complies with the State of Washington's "Fair Play in Community Sports Act" (Chapter 467, 2009 Laws, effective date July 26, 2009) that prohibits discrimination against any person in a community athletics program on the basis of sex. Any questions or comments please contact Jeff Betz at the Recreation & Parks Department, 5303 228th St. SW, Mountlake Terrace, WA 98043, (425) 640-3101, jbetz@ci.mlt.wa.us, or fax at 425-775-2365. The complete Non-Discrimination Policy is also available as approved by the City Council.