
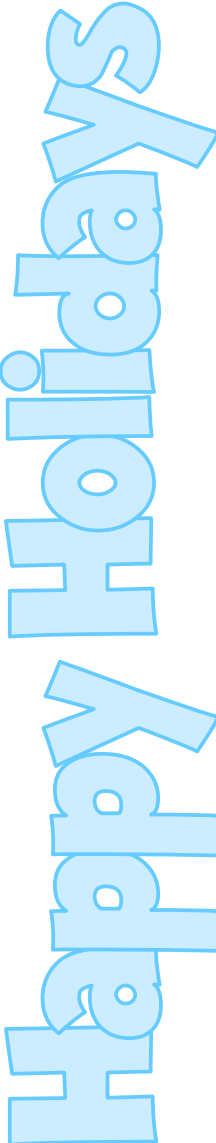





Winter Break Modified Swim Schedule – Mountlake Terrace Recreation Pavilion – December 21, 2019 to January 5, 2020

SATURDAY DECEMBER 21	SUNDAY DECEMBER 22	MONDAY DECEMBER 23	TUESDAY DECEMBER 24	THURSDAY DECEMBER 26	FRIDAY DECEMBER 27	SATURDAY DECEMBER 28	SUNDAY DECEMBER 29	MONDAY DECEMBER 30	TUESDAY DECEMBER 31	
7:00AM—1:00PM LAP LANES		6:00AM—1:00PM RIVER & LAP LANES	WEDNESDAY DECEMBER 25 	6:00AM—1:00PM RIVER & LAP LANES	6:00 AM-1:00 PM RIVER & LAP LANES	7:00AM—1:00PM LAP LANES		6:00 AM-1:00 PM RIVER & LAP LANES	6:00AM—1:00PM RIVER & LAP LANES	
7:00-8:00AM HAPPY HOUR LEISURE POOL & RIVER	8:30AM-1:00PM LAP LANES	900 AM-1:00 PM LEISURE POOL, RIVER & LAP LANES		6:00-7:00AM AQUATIC BOOT CAMP	7:25-8:25 DEEP WATER	7:55-8:55 AM WATER WALK	7:00-8:00AM HAPPY HOUR LEISURE POOL & RIVER	8:30AM-1:00PM LAP LANES	6:00-7:00 AM DEEP WATER 7:55-8:55 AM WATER WALK	6:00-7:00AM AQUATIC BOOT CAMP 7:25-8:25 DEEP WATER
7:30-8:30AM DEEP WATER FITNESS	8:30-9:15AM \$1 DIP SPECIAL LEISURE POOL ONLY	9:20-10:20AM SHALLOW WATER		8:30-9:30 AM ARTHRITIS AQUATIC FITNESS	9:30AM-1:00 PM LEISURE POOL & RIVER	9:30AM-1:00 PM LEISURE POOL & RIVER	7:30-8:30AM DEEP WATER FITNESS	8:30-9:15AM \$1 DIP SPECIAL LEISURE POOL ONLY	9:30AM-1:00 PM LEISURE POOL & RIVER	8:30-9:30 AM ARTHRITIS AQUATIC FITNESS
8:00-9:15AM LEISURE POOL & RIVER	8:35-9:35 AM RIVER FITNESS CLASS	10:30-11:30AM LOW-IMPACT FITNESS TRAINING		9:30AM-1:00 PM LEISURE POOL & RIVER	10:30-11:30AM LOW-IMPACT FITNESS TRAINING	9:20-10:20AM SHALLOW WATER	8:00-9:15AM LEISURE POOL & RIVER	8:35-9:35 AM RIVER FITNESS CLASS	9:20-10:20AM SHALLOW WATER	9:30AM-1:00 PM LEISURE POOL & RIVER
9:20-10:35AM LEISURE POOL & RIVER	9:20-10:35AM LEISURE POOL 9:40AM RIVER OPENS	12:00-1:00 PM ARTHRITIS AQUATIC FITNESS		10:45-11:45 AM LOW-IMPACT FITNESS TRAINING	12:00-1:00 PM ARTHRITIS AQUATIC FITNESS	10:30-11:30AM LOW-IMPACT FITNESS TRAINING	9:20-10:35AM LEISURE POOL & RIVER	9:20-10:35AM LEISURE POOL 9:40 RIVER OPENS	12:00-1:00 PM ARTHRITIS AQUATIC FIT- NESS	10:45-11:45 AM LOW-IMPACT FITNESS TRAINING
10:40-11:55AM LEISURE POOL & RIVER	10:40-11:55 AM LEISURE POOL & RIVER	1:15-2:45 PM RECREATION SWIM		1:15-2:45 PM RECREATION SWIM	1:15-2:45 PM RECREATION SWIM	1:15-2:45 PM RECREATION SWIM	10:40-11:55AM LEISURE POOL & RIVER	10:40-11:55 AM LEISURE POOL & RIVER	1:15-2:45 PM RECREATION SWIM	1:15-2:45 PM RECREATION SWIM
12:00-1:00 PM HAPPY HOUR LEISURE POOL & RIVER	12:00-1:00 PM HAPPY HOUR LEISURE POOL & RIVER	2:45-4:30PM EDMONDS SCHOOL DIST SWIM TEAMS		2:45-4:30PM EDMONDS SCHOOL DIST SWIM TEAMS	2:45-4:30PM EDMONDS SCHOOL DIST SWIM TEAMS	2:45-4:30PM EDMONDS SCHOOL DIST SWIM TEAMS	12:00-1:00 PM HAPPY HOUR LEISURE POOL & RIVER	12:00-1:00 PM HAPPY HOUR LEISURE POOL & RIVER	2:45-4:30PM EDMONDS SCHOOL DIST SWIM TEAMS	2:45-4:30PM EDMONDS SCHOOL DIST SWIM TEAMS
1:15-2:45PM RECREATION SWIM	1:15-2:45PM RECREATION SWIM	3:00-4:30 PM LEISURE & RIVER		3:00-4:30 PM LEISURE & RIVER	3:00-4:30 PM LEISURE & RIVER	3:00-4:30 PM LEISURE & RIVER	1:15-2:45PM RECREATION SWIM	1:15-2:45PM RECREATION SWIM	3:00-4:30PM LEISURE POOL & RIVER	3:00-4:30 PM LEISURE & RIVER
RENTAL TIMES AVAILABLE 2:55-3:55PM 4:00-5:00PM	RENTAL TIMES AVAILABLE 2:55-3:55PM 4:00-5:00PM	SPECIAL REC SWIM! 4:45-6:15 PM RECREATION SWIM		SPECIAL REC SWIM! 4:45-6:15PM RECREATION SWIM	SPECIAL REC SWIM! 4:45-6:15PM RECREATION SWIM	4:40-6:10 PM RECREATION SWIM	Rental Times Available 2:55-3:55pm 4:00-5:00pm	Rental Times Available 2:55-3:55pm 4:00-5:00pm	LAP LANES LEISURE POOL & RIVER 4:30-6:30PM	
5:15-6:45PM RECREATION SWIM	5:15-6:45PM RECREATION SWIM	DEEP WATER FITNESS CANCELLED				RENTAL TIME AVAILABLE 6:15-7:15PM	5:15-6:45pm RECREATION SWIM	5:15-6:45pm RECREATION SWIM	5:30-6:30PM DEEP WATER FITNESS	
BUILDING CLOSSES 7:15PM	BUILDING CLOSSES 7:15PM	BUILDING CLOSSES 6:45 PM	PAVILION CLOSED	BUILDING CLOSSES 6:45 PM	BUILDING CLOSSES 7:45PM	BUILDING CLOSSES 7:15PM	BUILDING CLOSSES 7:15PM	BUILDING CLOSSES 7:00PM	BUILDING CLOSSES 5:00 PM	

Happy New Year 2020

WEDNESDAY JANUARY 1	THURSDAY JANUARY 2	FRIDAY JANUARY 3	SATURDAY JANUARY 4	SUNDAY JANUARY 5
	6:00 AM-1:00 PM RIVER & LAP LANES	6:00 AM-1:00 PM RIVER & LAP LANES	7:00AM-1:00PM LAP LANES	 8:30AM-1:00PM LAP LANES 8:30-9:15AM \$1 DIP SPECIAL LEISURE POOL ONLY
	6:00-7:00AM AQUATIC BOOT CAMP	7:55-8:55 AM WATER WALK	7:00-8:00AM LEISURE POOL & RIVER	
	7:25-8:25 DEEP WATER	9:20-10:20AM SHALLOW WATER	7:30-8:30AM DEEP WATER FITNESS	
	8:30-9:30 AM ARTHRITIS AQUATIC FITNESS	9:30AM-1:00PM LEISURE POOL & RIVER	8:00-9:15AM LEISURE POOL & RIVER	
	9:30AM-1:00PM LEISURE POOL & RIVER	10:30-11:30AM LOW-IMPACT FITNESS TRAINING	9:20-10:35AM LEISURE POOL & RIVER	
	10:45-11:45 AM LOW-IMPACT FITNESS TRAINING	12:00-1:00 PM ARTHRITIS AQUATIC FITNESS	10:40-11:55AM LEISURE POOL & RIVER	
	1:15-2:45 PM RECREATION SWIM	1:15-2:45 PM RECREATION SWIM	12:00-1:00 PM HAPPY HOUR LEISURE POOL & RIVER	
	2:45-4:30PM EDMONDS SCHOOL DIST SWIM TEAMS	2:45-4:30PM EDMONDS SCHOOL DIST SWIM TEAMS	1:15-2:45PM RECREATION SWIM	
	3:00-4:30 PM LEISURE & RIVER	3:00-4:30 PM LEISURE & RIVER	RENTAL TIMES AVAILABLE 2:55-3:55PM 4:00-5:00PM 5:05-6:05PM	
		LIFEGUARD IN-SERVICE 4:15-6:30PM POOL SPA & SAUNA CLOSED TO PUBLIC POOL PROGRAMS ARE CANCELED	POOL, THERAPY POOL, & SAUNA CLOSED TO PUBLIC	
	6:30-8:30PM 2 ADULT LAP LANES LEISURE & RIVER		6:15-7:45PM RECREATION SWIM	
	7:30-8:30PM AQUA ZUMBA		5:15-6:45PM RECREATION SWIM	
PAVILION CLOSED	BUILDING CLOSES 9:00 PM	BUILDING CLOSES 6:30 PM	BUILDING CLOSES 8:00 PM	BUILDING CLOSES 7:00 PM

Swimming Lessons Winter Session 1

Session Dates	Days/ #Lessons	MLT REG	OPEN REG	Resident Rates	Non Resident
1/6-1/29	MW 8	12/18	12/19	\$58.00	\$63.84
1/7-1/30	TTh 8	12/18	12?19	\$58.00	\$63.84
1/10-2/14	Fri 6	12/18	12/19	\$43.50	\$47.88
1/11-2/15	Sat 6	12/18	12?19	\$43.50	\$47.88
1/12-2/16	Sun 6	12/18	12?19	\$43.50	\$47.88

Free Swim Vouchers!

Remember the new swim vouchers will begin January 1-December 31, 2020. These vouchers are part of a grant funded by Verdant Health commission for free swim lessons for all 3rd graders who live in the Edmonds School District. These will be distributed through each 3rd grade classroom by the school district in December 2019.

There is also an opportunity for non-swimmers K-12 in the school district to receive vouchers for beginning swimming lessons. These vouchers are distributed by each participating pool (Mountlake Terrace, Lynnwood and Dale Turner YMCA for Edmonds). To obtain a beginner voucher contact the Recreation Coordinators/Aquatics at 425 640 3106 or 425 640 3104 to arrange an evaluation.



Aquatic Fees:	Daily Drop in	
	Resident	Non Res
Infants under 1 year		Free
Youth (1-15 Yrs.)		
Seniors (60+)	\$4.25	\$4.75
Disabled		
Adults (16-59 Years)	\$5.25	\$5.75
Family	\$13.50	\$15.00
Leisure Pool Only	\$4.00	\$4.50
Water Fitness Adult	\$7.25	\$7.98
Water Fitness Senior/Disabled	\$5.50	\$6.00

POOL POLICIES — SAFETY WILL NOT BE COMPROMISED —
Please be responsive to the lifeguard's requests. Each is adhering to an established set of safety rules.

- Children under 4 years of age **MUST** be accompanied into the pool by an adult; adults should be within arms reach of all young children.
- Lifejackets are available for all ages and may be required.

Use of cell phones and/or photographic equipment is not permitted in public changing areas

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